



Ayscoughfee Hall School Wellbeing and EDI Newsletter Spring Term 2026



Welcome to our second wellbeing and Equality, Diversity and Inclusion newsletter of this academic year.

As you know, in school we take the wellbeing of our children, parents and staff very seriously and we work hard to ensure we are promoting an environment where everyone feels safe, happy and secure. We also continue to promote and celebrate our diverse community.

We have had a whole host of different activities happening in school.

Anti-Bullying Week



We had a great time celebrating anti-bullying week at the end of the Autumn term. Our school captains did a great job in presenting an assembly to the whole school and our school council provided wonderful kindness clubs. The highlight of the week was most definitely our school 'House Day' where each house worked together for the day to promote the theme for the week 'Power for Good'. The work and activities from the House Day are now on display in the hall foyer for you all to enjoy.



Children's Mental Health Week

We were so proud that Year 4 led the school in celebrating Children's Mental Health Week with a wonderful class assembly.



Online safety / E-safety

The school are very lucky to be able to subscribe to the excellent online safety training and information from the expert Alan MacKenzie, who provides advice and support to schools and organisations across the country. In school, we use Alan's materials for staff training and regular updates about the latest developments and possible concerns relating to online content; this helps us to keep up to date and protect the children from online harms. Videos designed to give relevant and helpful information about online safety to parents have been shared with you via parent mail during the Spring term.



This term the Year 6 children visited 'Warning Zone' in Leicester. They participated in a range of hands-on, engaging activities and discussed key terminology including grooming, phishing, trolling and ghosting. The message of 'tell a trusted adult' was regularly reinforced, and the children learnt about the different ways that they can stay safe online.



EDI

In school we continue to learn about different places around the world and the rich diversity found within communities, cultures and religions.

Mrs Periam runs a weekly 'Around the World' club where each week the children get to explore a new country; learning about its land, culture and natural wonders. When it was time to discover Iceland, the children picked colourful pastels to show the aurora borealis dancing across the night sky.



Our Early Years classes have enjoyed a range of activities to celebrate Chinese New Year. Cooking and tasting the dumplings was definitely a highlight!



Parents' Tool Kit

BBC Bitesize: <https://www.bbc.co.uk/bitesize/articles/z3x6m39>

Young minds: https://www.youngminds.org.uk/professional/schools?gclid=EAIaIQobChMIInoT9xszf-gIVCOrtCh1eIAImEAAAYASAAEgJAIfD_BwE

Barnardo's: https://www.barnardos.org.uk/blog/what-anxiety?gclid=EAIaIQobChMIyd-f78zf-gIVIoQBh2ftgkIEAAAYASAAEgIe9PD_BwE