



PSHEE POLICY

Rationale

Personal, social, health and economic education promote pupils' personal social and emotional development, as well as their health and well being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding.

Aims

At Ayscoughfee Hall School we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We aim to promote pupil's spiritual, moral and cultural development and prepare all pupils for the opportunities, responsibilities and experiences of life. In addition we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHEE supports many of the principles of Safeguarding. (See Safeguarding and Child Protection Policy.)

We aim to help the children to:

1. Develop confidences and responsibilities and make the most of their abilities.
2. Prepare to play an active role as citizens and understand British values.
3. Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
4. Develop good relationships and respect the differences between people.
5. Understand some basic principles of finances.
6. Make a positive contribution to the life of the school

Organisation

We have a PSHEE Scheme of work from Kindergarten to Year 6 children. From Year 1 to Year 6 this is based on the PSHE Association materials and supplemented with books by Collins and other internet resources as recommended in our Medium Term Plans by the PSHE Association. We also use a wide range of resources including SEAL – Social and Emotional Aspects of Learning, Folens, Scholastic and the Internet. In Year 6 children experience a Life Skills and Community module which we have created.

In addition, teachers will aim to set aside time in class to discuss matters arising from School Council meetings.

At Ayscoughfee Hall School we feel strongly about teaching our children how to be resilient. Being resilient is about having the ability to cope with, adapt to new situations and manage setbacks. We encourage children to be resilient through looking at the resilience acronym over 10 weeks in the Autumn term every other year (annually in EYFS) and continue to encourage their learnings daily.

We recognise that Circle Time is a very useful teaching model for many of the aspects of PSHEE.

Themed, success and class assemblies are all part of our PSHEE policy, promoting the key aims of the policy and may well involve visiting speakers, clergy or children leading the assembly.

PSHEE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:-

1. Encouraging everybody to take responsibility for their actions and to respect each other through the agreement of class rules.
2. Involving children in the setting of their targets for learning.
3. Encouraging children to recognise, respect and be tolerant of others including those with different faiths, beliefs and cultures.
4. The election of a School Council in a democratic manner, which actively develops the direction of the school.
5. Encouraging children to take responsibility for their behaviour and always have respect for others and their surroundings.

There are wider opportunities for personal and social development at school. These include:-

1. The development of each child's ability to work as part of a team, become active within the school community and recognise the qualities of good citizenship.
2. Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
3. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
4. Coming together as a school for assemblies to celebrate academic and personal achievements.
5. Planning events which encourage the school to work together e.g. Christmas Nativity, Games Afternoon, Maths Day, Charity Events, and Summer Production.

We seek to promote a healthy lifestyle and self confidence for our community by:

1. The provision of a range of lunch time and after school clubs e.g. football, choir, netball, Lego, sewing, and French which help foster a healthy lifestyle and encourage children to explore individual talents.
2. Providing opportunities in school for children to learn musical instruments and play in special assemblies.
3. Promoting walking to school. Bikeability course for Year 6.
4. Encouraging activity in the playground
5. Healthy snacks at break time and promoting healthy eating during the year through PSHEE.
6. Participation by every child in class assemblies and productions in front of an audience developing self- confidence.

We seek the involvement of the whole school community through:-

1. Encouraging parents/ carers to support trips or whole school events and special days.
2. Weekly newsletters, school diaries/ home communication books in Kindergarten are sent to parents/carers.
3. Sharing news and information on the school's website and social media platforms
4. The Home/ School agreement.
5. The Parents, Teachers and Friend's Association particularly with events such as Mother's and Father's Day shops which promote giving to others.
6. Performing and helping in the community and inviting the community to events e.g. Georgian Court elderly, Agape Food Bank.
7. Year 6 Community/Life skills module which include aspects such as keeping healthy, financial understanding and helping in the community.

Time Allocation

Each class teacher will aim to allocate a minimum of 1 hour fortnightly following our PSHEE scheme.

Monitoring

The Coordinator will carry out a programme of sampling lessons over the year and meets with the governor responsible for PSHEE, who writes an annual report to the Governors.

Equal Opportunities

PSHEE follows the Equality Policy of Ayscoughfee Hall School.

Responsibilities

The PSHEE Co-ordinator is responsible for:

- Monitoring the teaching and learning of PSHEE.
- Overseeing and implementing the policy.
- Writing an annual action plan for The School Improvement Plan and evaluating progress throughout the year.
- Attending INSET and providing staff with appropriate feedback.
- Actively searching for relevant, updated resources and opportunities for the children to develop skills and understanding of this important subject.

This policy must be read in conjunction with other related school policies:

- **Safeguarding and Child Protection Policy**
- **Equality Policy**
- **Anti-Bullying Policy**
- **Behaviour Policy**
- **Curriculum Policy**
- **Relationships and Health Education Policy**

Any reference to the word 'School' implicitly includes all its associated clubs/activities including Kids Club. This policy also applies to EYFS

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