

Ayscoughfee Hall School PE Syllabus Year Plan
Academic Year 2020 - 2021

		Autumn Term 2020		Spring Term 2021		Summer Term 2021
		1st Half	2nd Half	1st Half	2nd Half	
EYFS	Kindergarten	Games	Gymnastics	Games	Gymnastics	Games & Athletic Activities
	Reception	Games	Gymnastics	Games	Gymnastics	Games or Athletic Activities
Infants	Year 1	Games	Gymnastics	Dance Swimming	Gymnastics Swimming	Striking & Fielding Games Athletic Activities & Swimming
	Year 2	Games	Gymnastics	Dance Swimming	Invasion Games Swimming	Striking & Fielding Games Athletic Activities & Swimming
Juniors	Year 3	Football - Boys Netball - Girls Swimming	Rugby - Boys Netball - Girls Swimming	Gymnastics & Hockey Boys & Girls	Cross Country &HRE Boys & Girls	Striking & Fielding Games - Girls & Boys Athletic Activities & Tennis
	Year 4	Football - Boys Netball - Girls Swimming	Rugby- Boys Netball - Girls Swimming	Gymnastics & Hockey Boys & Girls	Cross Country &HRE Boys & Girls	Striking & Fielding Games - Girls & Boys Athletic Activities & Tennis
	Year 5	Football - Boys Netball - Girls	Rugby- Boys Netball - Girls	Gymnastics & Hockey Boys & Girls	Cross Country &HRE Boys & Girls	Striking & Fielding Games - Girls & Boys Athletic Activities & Tennis
	Year 6	Football - Boys Netball - Girls	Rugby - Boys Netball - Girls	Gymnastics & Hockey Boys & Girls	Cross Country &HRE Boys & Girls	Striking & Fielding Games - Girls & Boys Athletic Activities & Tennis

* HRE - Health Related Exercise

Kindergarten -1 ½ hours per week (includes 30mins of music and movement)

Reception - 1 ½ hours per week (includes 30mins of music and movement)

Year 1 & 2 - 1 hour per week plus 1 ½ hours of swimming for two terms in the academic year (includes travel to pool)

Year 3 & 4 - 2 hours per week plus 1 ½ hours of swimming for a term in the academic year (includes travel to pool)

Year 5 & 6 - 2 hours per week

* We are still waiting for swimming to recommence due to COVID-19 restrictions